



RELATIONSHIPS EDUCATION, RELATIONSHIPS and SEX EDUCATION and HEALTH EDUCATION

MISSION STATEMENT : 'working together to achieve the best outcome'

DEFINITION

Relationships Education, Relationships and Sex Education and Health Education encompasses a wide range of personal, social and hygiene skills. These include knowledge and understanding of issues relating to sexual development, reproduction, the important issues of choice, responsibility for safe sex, privacy and the development of close friendships, loving relationships and families. Online friendships and safety are also explored. All these topics are taught across all 5 areas of the school's curriculum.

AIM

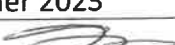
The staff and Governors of Lexden Springs Residential Special School recognise that the prime responsibility for bringing up children rests with parents and carers. It is therefore recognised that parents and carers are key figures in helping their child to cope with the emotional and physical aspects of growing up and in preparing them for the challenges and responsibilities which sexual maturity brings. The teaching of SRE at the school therefore aims to be complementary and supportive to the role of parents and carers.

ENTITLEMENT and IMPLEMENTATION

All pupils and students at Lexden Springs Residential Special School have the right to receive a comprehensive, well-planned programme of Sex and Relationships Education throughout their school life.

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools.

Effective teaching will ensure that core knowledge is broken down into units of manageable size and communicated clearly to pupils, in a carefully sequenced way, within a planned programme or lessons. Teaching will include sufficient well-chosen opportunities and contexts for pupils to embed new knowledge so that it can be used confidently in real life situations.

Reviewed by :	Emma Williamson – Assistant Headteacher
Date :	May 2022
Review Date :	Summer 2023
Approved :	 SHARON CROFT CHAIR GOVERNOR

There should be a difference between what is taught at Primary level and what is taught at Secondary level however for Lexden Springs Residential Special School pupils it is more important to match the teaching of skills to the developmental age of the pupil.

Relationships and RSE should be age-appropriate, building knowledge and life skills over time in a way that prepares pupils for issues they will soon face. However, this must be judged against what is appropriate for individual pupils.

They should focus on:

- different types of relationships, including friendships, family relationships, dealing with strangers and, possibly for some post 16 pupils, intimate relationships;
- how to recognise, understand and build healthy relationships, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;
- how relationships may affect health and wellbeing, including mental health;
- healthy relationships and safety online; and
- actual knowledge, at secondary school, around sex, sexual health and sexuality, set firmly with the context of relationships.

At Lexden Springs Residential Special School Relationship Education and Relationships and Sex Education must be tailored to the needs of the pupils and their level of understanding.

The school has built strong relationships with Children with Learning Disabilities Service (CLDS) and is able to offer joint courses in SRE for pupils from Year 7, following a referral. This involves small groups and individualised teaching. Families are also involved. It must also be sensitive to pupils and students who may be from a range of cultural and religious backgrounds and in this respect, parents need to be consulted and their opinions and preferences respected.

Teachers will follow the guidance in school curriculum, but may prefer to consult with Senior leadership, Family Liaison Officer or Transition Worker, before implementing any specific RSE programmes. Parents who wish to withdraw their child from any aspect of the school's SRE programme should note from September 2020 this will be mandatory.

All teachers in the school are responsible for the teaching of PSHE & C (including RSE). Elements of the RSE curriculum, such as the appropriateness of certain forms of physical contact are taught on an on-going, cross-curricular basis. Teachers may consider it appropriate to address particular aspects of the SRE curriculum in single sex groups. Such aspects could include masturbation and menstruation. All teaching is based on individual needs.

ASSESSMENT See separate policy

MONITORING See separate policy

HEALTH & SAFETY See separate policy